

Up and Through Specialty Camp

For the Lebanon Warrior Youth Football League

2009

WHAT: Kicking, Punting and Long Snapping Instruction

WHERE: Lebanon Warrior Youth Football League Home Field

WHEN: Wednesday July 15th & Thursday July 16th

4:30-6:30 pm (6th, 7th & 8th Graders)

6:30-8:30 pm (4th & 5th Graders)

*****Long Snapping will be Thursday July 16th ONLY*****

*****Kicking & Punting will be both days*****

What to bring:

- Cleats
- 1 Football (Well Marked)
- Kicking Tee / Holder
- T-Shirt / Shorts / Socks

* Be prepared for adverse conditions, as sessions will be conducted regardless of weather.

Camp includes:

Professional Instruction including Individualized Attention & Camp T-shirt!

The "Up & Through" approach to Kicking and Punting includes:

- * Total explanation of the Kick and Punt tailored to the age group being coached
- * Entire Body involvement in the Kick and Punt
- * Drills guaranteed to enhance the Kick and Punt
- * Discussions pertaining to Training and Equipment

Long Snapping

Chip King heads up the Snapping portion of the camp. Chip was an Asst. Football Coach at Kings High School for 11 years and is now the Defensive Coordinator for Waynesville High School. He has been the Long Snapping Director at The Ohio State University Kicking Camp for 11 years as well as the University of Illinois for 2 years. He does an excellent job of improving your snap in an easy to understand method.

Tim Williams was a 4-year starting Place Kicker for the Ohio State University from 1990-1993. He was an All Big Ten Kicker and was named to the Ohio State All-Century Football Team in 2000. Tim has been instructing young kickers and punters for 18 years. He serves as a kicking consultant for schools such as the University of Illinois, the University of Cincinnati and Clemson University.

His approach to teaching the fundamentals is the key to his success.

www.upandthrough.com

Please fill out the information below and return it to the address stated by JULY 1 or pay a \$5 late fee!!

Players Name _____

Parent Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Grade _____

Coach's Name _____

Team Color (circle) Maroon, Black, White, Silver

Circle Camp – **Kicking/Punting** or **Snapping**

COST \$25

Tim Williams
3809 Mary Ann Drive
Lebanon, OH 45036

* Make Checks Payable to Tim Williams

I hereby authorize Tim Williams to act for me according to his best interest in any emergency requiring medical attention, and I hereby release and waive Tim Williams, Chip King and the Lebanon Warrior Youth Football League Coaches and Board Members from any and all liability for any injuries or accidents incurred while at camp.

Parent or Guardian Signature _____

For Questions Please Call (614) 530-0023

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