

Frequently Asked Questions:

What equipment will the LWYFL provide for football? The LWYFL will provide each player with a helmet, shoulder pads, chin strap, colored mouthpiece, game pants, belt, practice jersey and game jersey. All equipment except the mouthpiece and game jersey must be returned at the end of the season in acceptable condition.

What will I need to purchase for my child and where? In addition to the LWYFL issued equipment, each player will need an athletic cup, a 5 or 6 pocket girdle, 7 piece pad set (2 thigh pads, 2 knee pads, 2 hip pads, and 1 tailbone pad) cleats, and practice pants. Optional items include extra practice jersey and extra mouth piece (must not be clear) All items except cleats will be available for purchase at equipment handout on 7/18/09. Cleats are available at Dick's or Play It Again Sports. The LWYFL has a few slightly used cleats in various sizes available on a first come first serve basis.

How often will my child have practice and games? The practice is schedule is determined by each head coach. After the first game, practices typically are 2/3 nights per week. Games are either Saturday or Sunday. The season includes a Premier Game, 8 regular season games, and a minimum of one tournament game.

Where do the teams practice? The LWYFL currently has 3 practice areas: Colonial Park East, Colonial Park West and LJHS.

Is admission to my child's game free for parents? No. The WOJFC rules require \$2 admission for everyone 6 and older except players and cheerleaders.

Why do I have to volunteer? The LWYFL is volunteer organization. In order to keep registration fees to parents reasonable, volunteers are needed for all aspects of the program .Ten volunteers are needed for each home game. Each season, the LWYFL hosts 85 home games requiring at least 850 volunteers.

How is playing time and position determined?

The conference rules require each player to play *at least* 5 plays per half. Additional playing time is determined by the head coach. The LWYFL Board allows the head coaches of each team to make the position assignments based on their assessment of the player's ability and needs of the team. If you have a concern about playing time or position, please speak with the head coach.

Is Coach Lamb's Football Camp mandatory?

No. However, the LWYFL does encourage each player to attend.

What if I have a complaint, questions or suggestion for the league?

Complaints regarding coaches, players, or other parents must be addressed by completing the "incident report form" which can be found on the LWYFL website. Questions and suggestions may be directed to any Board member, who in turn will advise the full Board at the next regularly scheduled meeting. In order to personally address the full Board, contact President Randy Logsdon to ask to made a part of the next month's agenda. Randy may be contacted at rlogsdon@sheffercorp.com.

How do I become a coach or team mom?

The head cheer/football coaches are chosen by the LWYFL Board based upon applications received. The head coach picks his assistants/team moms from the parents of the children on his roster. ALL parents who are coaches, team moms, or wish to assist with the players on the sideline during games and practices must complete the coach's application form. This form may be found at the LWYFL website. ALL sideline personal must complete a background check and NYSCA certification prior to the first day of practice. Links to obtain the background check and NYSCA certification may be found at the WOJFC website.

For more information, visit our webpage at www.lebanonwarriorfootball.com